

## ABSTRACT OF THE DISCLOSURE

A system for detecting, tracking, displaying and identifying repetitive movement, including a sensor configured to sense movement, and in particular static acceleration, along at least a first horizontal axis, and ideally about a second horizontal axis, with respect to a vertical axis and a processor to generate output signals therefrom for audible and visual display of information that can include movement identification, movement patterns, and to further include elapsed time, start and stop times, breathing patterns, and variations thereof from a reference.

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